

SUTAB PREP

*****DUE TO SEDATION, YOU ARE REQUIRED TO HAVE A FRIEND OR FAMILY MEMBER DRIVE YOU HOME. WE WILL HAVE TO CANCEL YOUR PROCEDURE WITHOUT THE APPROPRIATE TRANSPORTATION. UBER/LYFT IS ONLY ACCEPTABLE IF A FRIEND OR FAMILY MEMBER IS WITH YOU. YOUR RIDE MUST BE AVAILABLE FOR THE DURATION OF YOUR PROCEDURE. THE FACILITY CLOSSES AT 3:00. YOUR RIDE MUST BE AVAILABLE*****

THE DOSING REGIMEN: SUTAB is a split dose (2 day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

DOSE 1 THE DAY BEFORE YOUR COLONOSCOPY

STEP 1 Drink only clear liquids all day. No food allowed. Clear liquids include apple juice, white grape juice, water, Jello (no red or purple), broth, black tea or black coffee. No gum or hard candies.

STEP 2 At 5pm open 1 bottle of 12 tablets. Fill the provided container with 16 ounces of water (up to fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 – 20 minutes.

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the container again with 16 ounces of water and drink the entire amount of 30 minutes.

IMPORTANT: If you experience preparation symptoms (for example, nausea, bloating or cramping) pause or slow the rate of drinking the additional water until your symptoms diminish. Keep in mind all the water must be consumed.

DOSE 2 THE DAY OF THE COLONOSCOPY

Continue to drink only clear liquids until after the colonoscopy. The morning of the colonoscopy at 2am repeat steps 1-4.

Important: you must complete all SUTAB tablets and required water at least 2 hours before your colonoscopy.

Stool should be coming out clear to yellow liquid without any solid components. If you have any issues with drinking the bowel preparation or believe it is not working, please contact our office or covering physician to discuss further.

**YOU SHOULD NOT HAVE ANYTHING BY MOUTH 2 HOURS PRIOR TO YOUR PROCEDURE.
Please review the medication list and all instructions thoroughly regarding your procedure.**